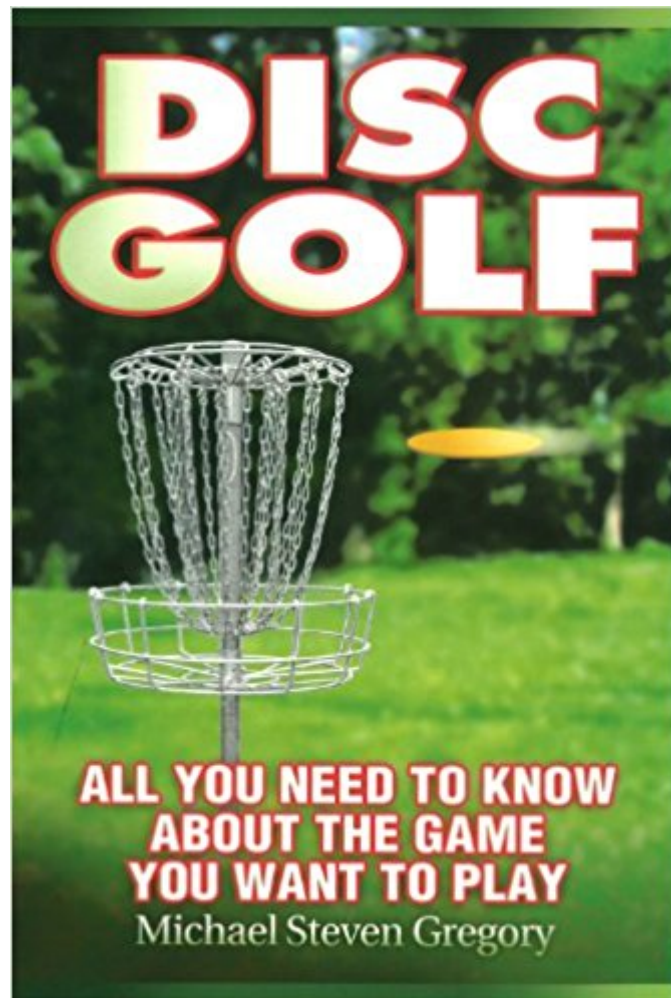




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Disc Golf: All You Need To Know About The Game You Want To Play



Synopsis

This handy reference provides techniques for mastering disc golf. Equipment and throwing techniques are detailed. Cleverly done illustrations, tips, and photographs depict various grips and stances of the game.

Book Information

Paperback: 112 pages

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Customer Reviews

Award-winning screenwriter and director turns his love of writing to the sport he loves - Disc Golf. His is Filmmaker in Residence at Alliant University, and he has been an avid disc golfer for the past several years. Leticia Plate has drawn many illustrations for books, pamphlets, and for industry. Her expertise extends to products and greeting cards, and her work can be seen on iportfolio.com

This is the only book on disc golf that I have and it has really helped my game a lot. The most important thing that I learned from this book is that you do not throw a disc golf disc like you throw a Frisbee! This is very important to remember. I have always been a very good Frisbee player but found that I was having lots of trouble throwing a disc golf disc straight and level or to even get any distance from them. This book helped me fix those problems. I still do not throw perfectly every time but at least now when I screw up a throw I have an idea of what I did wrong. This book goes over the history of the sport which is very interesting and covered pretty well. It also covers the basic rules and customs of the game so you will not look like a fool when playing with more experienced players. Most importantly for me is that this book covers most of the different kinds of throws that you will see in the game and each throw is broken down into its basic elements (grip, approach,

release, etc.). What I did not like and why I did not give it 5 stars, was that the drawing were not as clear as I would have liked. I found myself rereading the descriptions about things like how to grip the disc for a certain type of throw over a few times and wishing there were a few pictures showing a real hand holding the disc from a few different angles. This book also has a funny chapter on the Tao of disc golf which get funnier once you get more experience playing the sport. To sum up I would recommend this book for anyone starting out in the sport or for anyone like me that has been playing for a year or so with little real guidance as to how to improve their play.

I ordered these books for our volunteer coaches. Great books highly recommend them to help those who want to learn and those who want to teach.

When I first picked up the sport for a new recreational past time to aid in my recovery from an injury I grabbed this book. After reading it I couldn't wait to get my starter set and go to my local disc golf course recently installed here. I wouldn't consider it a must read for the sport or the game but it holds true to the cover. It has all you need to know about the game, and you're definitely going to want to play ;)

One of my professors used this for my disc golf PE class. The dude who wrote the book was fun, but kind of awkward. It was good enough for the class though!

Very hopeful

I like how the book is organized. Written conversationally, it conveys an interest and excitement in the game. The book's organization into specific chapters (history, approach, putting, etc.) makes it easy to pick it up and put it down, try some tips out on the course and then refer back to a certain chapter for a better understanding. Even experts would benefit from the in-depth description of different ways to throw the discs, and I really liked the appendix that outlines the characteristics of most all the different discs out on the market. The graphics are good with regard to holds and feet placement. As a beginning disc golfer, I have found this book to be inspirational and helpful.

I first bought this book after only throwing five or six times, and man did that help me get a better idea of what I should be working on, and most importantly in what order! This book was a life saver to me as a beginner! Now that i read through it, it's nice to brush though it from time to time just to

brush up on things you may be over looking. I've loaned this book to a couple of my friends I throw with, and even though they have been throwing for years, they were still suprised with the tips they were able to pick up from this guide! Also as a newbie, there is a great guide to discs in the back, really outlines the disc selection pretty well, making it easy for me to know what to look for!

There is a lot of misinformation in this book. You would be better off reading a pdga approved guide.

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